

Live Nation in association with MZA present:

# Kai Humphries: How To Be Happy



**Gilded Balloon: Wed 5<sup>th</sup> – Sun 30<sup>th</sup> August**

Happy-go-lucky Geordie comedian and writer **Kai Humphries** brings his new show to the **Gilded Balloon** at **8pm** this year, displaying the type of optimistic humour and intelligent banter which has seen him emerge as one of stand-up comedy's hottest rising stars.

Kai's latest show aims to teach his audience **How to be Happy**, whether they like it or not, through his unique brand of infectious enthusiasm. Described by **ThreeWeeks** as 'like being cuddled for an hour', Kai's high-octane style is guaranteed to not only to make you laugh, but to make you happy.

Having starred in Comedy Central's **The Comedy Store** just 18 months into his career, Kai Humphries has recently found himself touring through 15 European Countries alongside **Daniel Sloss**, as well as performing down under at both the **Adelaide and Melbourne Comedy Festivals**.



However his rapid rise from debutante to internationally recognized stand-up star hasn't changed Kai, with his engaging comedy style making it feel more like going for a drink with your mates than a stand-up comedy routine.

He is a regular contributor to Huffington Post, notably with his hilarious European series of 20 daily blogs about being on the road in 15 different countries.

#### **What the press have said about Kai Humphries:**

*"Happy, original and surreal... An immensely gifted stand-up"* **Skinny**

*"Endearing and funny "* **Edinburgh Evening News**

*"Humphries is a teddy bear in human form. But one with a wicked tongue... His stories are a hoot"* **The Scotsman**

*"Side-splittingly funny"* **Fest**

*"Boundless energy and good natured banter. He kept the laughs coming thick and fast... Excellent"* **theatrepeople.com.au, Melbourne Comedy Festival, 2014**

**Website:** [www.kaihumphries.com](http://www.kaihumphries.com)

**Twitter:** @kaihumphries

#### **Listings Information:**

**Dates:** Wed 5<sup>th</sup> – Sun 30<sup>th</sup> August 2015  
**Show:** Kai Humphries: How to be Happy  
**Venue:** Gilded Balloon – Sportsmans  
**Address:** Teviot Row House, 13 Bristo Square, Edinburgh. EH8 9AJ  
**Time:** 8.00pm  
**Box office:** [www.gildedballoon.co.uk](http://www.gildedballoon.co.uk)

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